

# CHURCH NEWSLETTER

## Paignton Spiritualist Church & Centre



**Nov & Dec  
2016**

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### **Paignton Spiritualist Church & Centre**

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We are coming to the end of our year and what a busy time our Church has had (see page 10) as well as everyone celebrating various events nationally: the Queens 90<sup>th</sup> Birthday, Shakespeare 400<sup>th</sup> Anniversary, the Rio Olympic Games, the Brexit change, the new Prime Minister. It certainly has been a “watch and see” time.

We are still waiting for the next big change across the sea; yes America has yet to decide between Trump and Clinton watched by the rest of the World. This presidential campaign has gripped millions of people and many of them not politically minded until now.

There has certainly been a great deal to think about with many of us having our own personal hurdles, headaches and worries to overcome. Yet there is always others who are worse off with much greater situations to tread through. How must many of our Spiritual Pioneers coped with their passion and beliefs when many dismissed their voices of the spirit world. As the months progress we hope to bring you details of these hard working Pioneers and how they helped the spiritual movement progress into the present day.

Our church has its own developing students; some starting out on their spiritual journey, some studying to become Mediums and some studying to become Healers; all representing our well loved church. Meditation also plays a big part of this learning and developing of spiritual skills where our awareness is embraced. We all want to be the best we can be but with very busy lives, working families, living in an age of technology, it is sometimes hard to fit it all in to our daily routines. So we would like to give a big thank you to all those volunteers helping to run our lovely church for the benefit of others.

WELL DONE AND THANK YOU.

**Find us on the Web!**

**by visiting:**  
<http://www.paigntonspiritualistchurch.co.uk>

A new look to the inside of our Church with a warm welcome shining down from our lights.



## NOVEMBER & DECEMBER

### November 2016:-

|  |                                 |                 |
|--|---------------------------------|-----------------|
| 05 <sup>th</sup> 06 <sup>th</sup> 07 <sup>th</sup> | Charlie Kelly CSNU              | London          |
| 12 <sup>th</sup>                                   | Tareth (daytime - see Workshop) |                 |
| 12 <sup>th</sup> 13 <sup>th</sup>                  | Peter Egan CSNU                 | Torquay         |
| 14 <sup>th</sup>                                   | Stephen Holbrook -              | Special Evening |
| 19 <sup>th</sup> 21 <sup>st</sup>                  | Marie Hines                     | Paignton        |
| 20 <sup>th</sup>                                   | Ruth Freya & David Wallace      | Axminster       |
| 26 <sup>th</sup> 27 <sup>th</sup> 28 <sup>th</sup> | Dorothy Young CSNU              | Brighton        |

### December 2016:-

|  |                   |          |
|--|-------------------|----------|
| 03 <sup>rd</sup> 04 <sup>th</sup> 05 <sup>th</sup> | Peter Bancroft    | Paignton |
| 10 <sup>th</sup> 11 <sup>th</sup> 12 <sup>th</sup> | Billy Cook CSNU   | Paignton |
| 17 <sup>th</sup> & 19 <sup>th</sup>                | CLOSED            |          |
| 18 <sup>th</sup> (am)                              | Clare Corner      | Torquay  |
| 18 <sup>th</sup> (pm)                              | Christmas Evening |          |
| 24 <sup>th</sup> & 26 <sup>th</sup>                | CLOSED            |          |
| 25 <sup>th</sup> (am)                              | Peter Bancroft    | Paignton |
| (pm)   | CLOSED            |          |
| 31 <sup>st</sup>                                   | CLOSED            |          |

### GUILD SPEAKERS - Wednesdays Afternoons

| November                      | December                         |
|-------------------------------|----------------------------------|
| 2nd Glenda Osborne            | 7 <sup>th</sup> CHRISTMAS PARTY  |
| 9th Kim King & Sybil Steadman | 14 <sup>th</sup> CHRISTMAS LUNCH |
| 23rd Dawn Lodge & Tina Corns  |                                  |
| 30th Val & Co                 |                                  |

All the above is subject to change at very short notice



## Spirit Interest Corner

The following topics give enjoyment, answers and remain personal hobbies to many: (no particular order)

Photography with Orbs and Auras, colours and lights that are unexplained.

Chakras

Crystals & Stones

Dowsing

Palmistry

Tea Leaves

Tarot Cards

Angel Cards

Singing Bowls

Ancestry

Sand Scrying

Feathers

Spiritual Books

Ghost Stories & Hunts

Dreams & their meanings

Numbers & their meanings

Communications with animals, birds, dolphins etc

Visualization

Meditation

Psychometry

### **WORKSHOP WITH TARETH**

*This workshop aims to enhance your work with spirit*

*Tareth is a wonderful spiritual healer from Glastonbury*

*Saturday, 12<sup>th</sup> November 2016*

*10am to 4pm*

*£20 (members) £25 (non-members)*

**NOW FULLY BOOKED**

### **SPECIAL DEMONSTRATION OF MEDIUMSHIP**

**STEPHEN HOLBROOK**

*An Evening of Mediumship with  
an International Medium*

*Monday, 14<sup>th</sup> November 2016*

*7.30pm to 9.00pm*

*Admission by Ticket Only*

*£15 Payable on Booking*

*Tickets still Available*



## Spiritual Healing

### Every Week

|          |        |
|----------|--------|
| Monday   | 2-4 pm |
| Tuesday  | 4-6 pm |
| Thursday | 2-4 pm |

Everyone is welcome to come along and receive Spiritual healing at the Church. Many people find it hugely beneficial and come on a regular basis.

Our healers are dedicated in providing this service, giving their time freely and selflessly to help others.

Spiritual healing involves the channeling of healing energies from the Spirit world through a Spiritual healer to the patient. Healing can bring about harmony to the mind, body, Spirit and emotions of the recipient.



Christmas is coming and we wish everyone a lovely time.

## Our Church Charities Event

**For Children's Hospice South West  
And Devon Air Ambulance**

**This Special Event is to raise funds for these two Charities**

**Mini Readings**

**Healing (Donation)**

**Various Stalls**

**Tombola & Raffle**

**Refreshments Available**

**Time 10am to 2pm**

**Saturday, 19<sup>th</sup> November 2016**

**All are welcome**

**Come and support these worthy Charities**

# HEALING

## **Have you been told that you are a Healer?**

Everyone has a natural inbuilt healing process within themselves. If for instance you cut your finger, the blood usually coagulates to stop the flow.

No one can heal another person, but one can attempt to create suitable conditions whereby the natural healing processes are encouraged to do their work, whether it be for mind, body or spirit.

A Spiritualist Healing Medium is only a channel for the healing energies to flow through. These energies come from the source of all creative life, which we call the Spirit World. A power that can awaken the natural healing abilities within a person.

Spiritualist healing can be quite clearly defined in the words. From Spirit - Through Spirit - To Spirit.

"From Spirit" being the creative source, "Through Spirit" means channelling the energies through a Spiritualist Healer. "To Spirit" means to reach the Spirit of the patient.

## **So do you have the ability to help others? And do you have the potential to help this develop?**

A Spiritualist Healing Medium is a spiritualist healer who practices their healing gift in accordance with the teachings and philosophy of Spiritualism. A Spiritualist Healing Medium stands as a representative for the spiritual healing movement as a whole and should ensure that the love and healing offered to patients is reflected by their own conduct.

A Spiritual Healer should always observe the code of conduct of the healing organisation of which they are a member.

A number of qualities are required for the healing to work, such as: compassion, dedication, integrity, time, patience, understanding, responsibility and a willingness to listen.

## **Training to become an SNU Spiritualist Healing Medium**

All Trainee Healing Mediums will normally spend around two years training. Although it can be completed within a minimum of a year. The maximum time is five years. During this time they undertake the formal training requirements of the SNU Healing Committee in accordance with the Code of Conduct & Healing and the Law.

Trainees must pass the written H1 (Foundation Healing Course) thus gaining theoretical knowledge. During their training period attain practical experience under supervision, on all aspects of the healing group's work. This incorporates the following:-

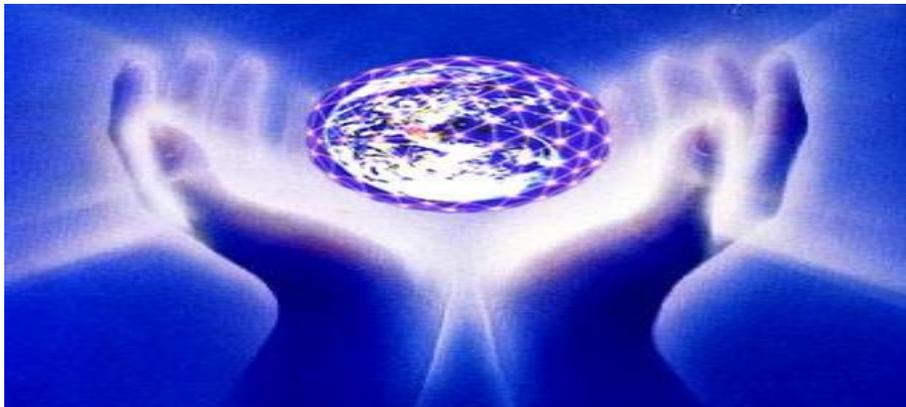
- Completion of 100 practical healing sessions. ( which includes a number of reception duties)
- Passed at A or B grade the SNU HI Foundation course.
- Attend 3 district review session.
- Submit two patient references.

On completion of the above, the Trainee can then apply for an upgrading assessment, which involves being assessed by a team (usually two or three assessors) from the SNU District. This is to ensure that Spiritualist Healing Mediums registered with the SNU Healing Committee have undergone a procedure of training, education, experience and assessment, whereby they can demonstrate a level of knowledge and skill sufficient to attain an Approved Spiritualist Healing Medium status as determined by the SNU Healing Committee. If you are successful on your upgrading assessment, you will then be recommended to become an Approved SNU Healing Medium.

It may seem to involve a lot of training to achieve the status of Approved Healer, but this gives you the opportunity to know if this is the pathway you wish to take, because it does need patience, dedication and commitment, to have an understanding with those who depend on you to treat them with the compassion and love that they need, and not to be judgmental. You learn how to meditate and sit in the power to attune with the Spirit World and your Spirit Helpers. You are responsible for your actions, so you need to know what that responsibility is. You learn how to work within the Code of Conduct and Healing Laws. What you can and cannot do.

What greater reward for all the hard work undertaken to achieve the status of Approved healer than to have a patient say to you, "Thank you I am feeling so much better in myself" and you can see the difference your healing has made.

**Written by Approved Healing Medium - Anne Jenkins**



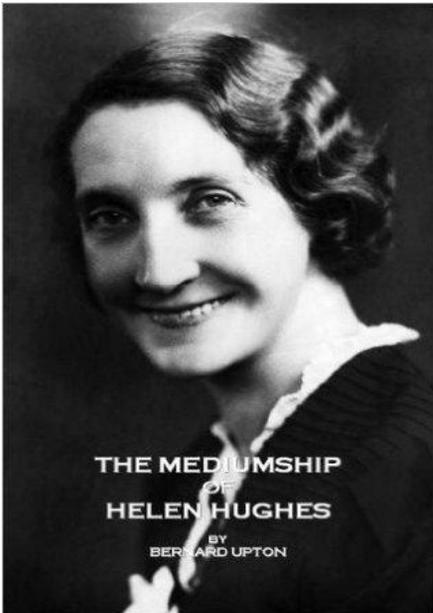
*Extract from the book of Reflections by Clement Davies:  
A wonderful Healer now in Spirit*

**UNDERSTANDING**

**How can we feel another's pain?  
If we ourselves have not in sickness lain,  
How can we share a troubled mind,  
If all we do is be unkind.  
How can we judge another being,  
If our eyes are quite unseeing;  
Maybe his trouble kept inside,  
That he's been at pains to hide,  
But never wasted words of kindness,  
Help to mitigate our blindness;  
It's up to us to comprehend,  
To open our hearts and extend,  
By hand in friendship and goodwill,  
To give of comfort and instil,  
The knowledge that we really care,  
And that we will his trouble share,  
It takes so little of our time,  
When it makes his sun to shine,  
And if we've helped to assuage his pain,  
Not just for him, 'twould be our gain,  
For don't you think that lifts us too,  
Our life takes on more rosy hue,  
For within the spirit's secret cell,  
We yearn to ring that inner bell,  
That says, well done, within our hearts,  
Its own reward to us imparts,  
So look around and answer the call,  
Of that small still voice within us all.**

# SPIRITUALIST PIONEERS

Helen Hughes was a modest medium, who worked tirelessly as an ambassador for the Spiritualists' National Union. "She is one of the most beloved mediums that Spiritualism has ever produced and has been dubbed, 'Helen the Beloved'" - "Psychic News". Helen Hughes was a remarkable medium who, under trance control, was able to speak fluently in languages of which she had no knowledge whatever. Sceptics can neither deny the facts nor explain them away. She explains, "My only language is my mother tongue. How could it be otherwise when my husband has been a miner all his days!"



Helen Hughes was a superb medium who conducted countless propaganda meetings around the British Isles, in modern times when mediumship was still subject to the antiquated and outdated Witchcraft and Vagrancy Act (formed in 1735).

Helen Hughes was a dedicated Spiritualist whose public mediumship and private séances - during which she was often directly entranced by her sitters' loved ones - greatly impressed countless thousands of people. Her work was recognised to be of the highest calibre, and the genuineness of her gifts was never disputed.

Verbatim records of her spirit messages make astonishing reading. Along with Estelle Roberts and a few other notable mediums of the late twentieth century (such as the trance medium Lillian Bailey) she commanded the stage at large halls and conference centres across the length and breadth of the UK, and her survival evidence was startlingly accurate.

Maurice Barbanell, Editor of the popular newspaper, *Psychic News*, wrote that the spirit people who communicated with Helen Hughes often referred to her as "Helen the Beloved".

Helen possessed great charisma, and her psychic abilities were remarkably well-developed: Mrs Hughes was a Clairaudient (i.e. she could hear spirit voices).

Helen's mediumship was considered instrumental in the UK government's banishing of the old 1735 Witchcraft and Vagrancy Act, and in its replacing of it in 1951 by the Fraudulent Mediums Act, which at

least recognised the existence of genuine mediumship.

Of her clairaudient abilities and her contact with the spirit people, Helen said, 'I hear quite naturally, as though I were using the ordinary ear. The voices sound quite normal. I can tell if it is the voice of a man, woman, or child - or if it is a loud voice or a quiet one. Listening to the voices enables me to give the names, facts and details that provide the evidence.'

The medium heard her spirit voices 'in my ears, or in the region of my solar-plexus...and they vary in clarity.

Both these articles are taken from the web sites on Helen Hughes.

The first from the book, *The Mediumship of Helen Hughes* by Amazon together with her portrait.

The second is a passage from the *Spiritual Links* web site.

With all pioneers there are many articles and books all for public reading, giving facts, views and a wealth of history of all our dedicated Spiritualist Pioneers.

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Enjoy your bonfire night, take care and keep safe.

## **CHURCH EVENTS UPDATE**

We are all trying to get back to normal after a hectic time in Church. It began on Friday the 30th September when Minister Carol Ellis gave a demonstration of transfiguration to an invited audience of forty guests. With a red light positioned on Carol's face the audience were able to observe many changes in facial features. Those members of the audience, who recognised the face of a loved one from spirit, were invited to come forward and converse with their loved ones through Carol who was in an altered state. The evening proved a huge success and we are planning to repeat it next year.

Then we had just a few days before International Medium Gordon Smith arrived. On Friday the 7th October Gordon gave a High Quality demonstration in the Church to just over one hundred people. After his demonstration Gordon gave all those attending a copy of his new book "A Thin Place" and happily signed every copy. On the Saturday Gordon held a workshop on All Aspects of Mediumship, which was attended by 30 people. We are hoping to repeat this successful event again next year if Gordon's busy schedule can fit us in.

Then on Tuesday 11th October we played host to a coach party, led by Al and Jeff Potts, from Bournemouth Spiritualist Church. They had been on a day trip to the area and had arrived at our Church early afternoon. A service taken by Joan Boydell and Peter Bancroft was held in the Church for our guests, followed by a tea in the hall. 108 cakes were baked by Kevin Hodgkinson to whom we are very grateful for his baking skills. They left Paignton late afternoon for their journey back to Bournemouth. We have been invited to Bournemouth Church so it is hoped we can organise a coach to visit them. Words cannot express how grateful we are to all the helpers involved in all these events.

Please keep watching the noticeboards and the website for details of forthcoming events.

**Alan Boydell Medium Secretary**