



**SEPT & OCT
2017**

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CHURCH NEWSLETTER

PAIGNTON SPIRITUALIST CHURCH & CENTRE

A big thank you to those who have contributed to our Autumn Newsletter with no “fake news” which seems to be surrounding the White House and all Trump’s men. If he plays his cards right he may survive the next big shuffle!

The nation’s Brucie Bonus has left us after decades of entertaining us on TV, in theatres, communicating to audiences everywhere. His quick wit and charismatic poses have made us laugh. You will be missed but not forgotten, the spirit world will love your humour.

Two great athletes have moved on, Usain Bolt and Sir Mo Farah after years of being the fastest and the long distance runner, with relentless hard work . They have also entertained with their unique finishing poses as well as encouraging youngsters to take up sports. Well done from all of us.

It is with sad reflection that we all remember Princess Diana and how her two sons coped with her sudden death. Thankfully, Princes William and Harry are carrying on her charity work for people who need a voice.

The theme for our Newsletter is communication, healing, dedicated hard workers and being kind to one another.

j.c.

Find us on the Web!

by visiting:
<http://www.paigntonspiritualistchurch.co.uk>

A WARM WELCOME
INSIDE OUR LOVELY
CHURCH



Clowns



Clowns are comic performers who employ slapstick or similar types of physical comedy, often in mime style. Their entertainment style is generally designed to entertain large audiences. Modern Circus Clowns have developed from theatre and variety shows during the 19th – 20th centuries. They are a key circus act in their own right. They make us laugh.

SEPTEMBER & OCTOBER

September 2017:-

Sat 2 nd & Sun 3 rd pm	Kevin Hodgkinson	Paignton
Sun 3 rd am & Mon 4 th	Peter Bancroft	Paignton
Sat 9 th & Mon 11 th	Jamie Tennant	Torquay
Sun 10 th am & pm	Ricky Whitemore	Paignton
16 th & 17 th	Minister Kim Moore-Culler (see Workshops)	Bridgwater
18 th	Kevin Hodgkinson	Paignton
23 rd & 24 th	Minister Carol Ellis	Cardiff
25 th	Kevin Hodgkinson	Paignton
30 th 1 st 2 nd	Charlie Kelly	London

October 2017:-

07 th 08 th 09 th	Angie Wilde CSNU & Joann Allen CSNU	Redditch
14 th 15 th 16 th	Sasha Busbridge	Tiverton
21 st 22 nd 23 rd	Darren Turner	Northampton
27 th & 28 th	Gordon Smith (see Workshops)	Scotland
28 th 29 th 30 th	Julie-Anne Harper	Plymouth

GUILD SPEAKERS

Wednesday Afternoons

September 2017		October 2017	
06 th	Ricky Whitemore	04 th	Glenda Osborne
13 th	Joan Boydell & Students	11 th	Marie Hinds
20 th	T.B.A.	18 th	Amanda Dawes
27 th	Dawn Lodge	25 th	Kim King & Sybil Steadman

All the above is subject to change at very short notice



Russian Dolls



A matryoshka doll, also known as a Russian nesting doll, or Russian doll, is a set of wooden dolls of decreasing size placed one inside another. The name matryoshka, literally means “little matron”, is a diminutive form of Russian female first name “Matryona”.

The set of Russian dolls consists of a wooden figure which separates, top from bottom, to reveal a smaller figure of the same sort inside, which has, in turn, another figure inside of it, and so on.

The first Russian nested doll set was made in 1890 by Vasily Zvyozdochkin from a design by Sergey Malyutin, who was a folk crafts painter. Traditionally the outer layer is a woman, dressed in a sarafan, a long and shapeless traditional Russian peasant jumper dress. Much of the artistry is in the painting of each doll, which can be very elaborate. They can be either male or female with the smallest doll typically a baby turned from a single piece of wood.

SPECIAL EVENING OF DEMONSTRATION

GORDON SMITH
International Medium
FRIDAY 27.10.17 : £20
(Book & Pay in advance)
Includes a copy of his new book

OPEN DAY FOR CHURCH CHARITIES

PATH Homeless Charity
&
Douglas House(Cheshire Homes) in Brixham

Saturday 9 September 2017

10am to 2pm

**Mini Readings, Healing, Stalls, Tombola,
Raffle, Light Lunches & Refreshments
available**



Spiritual Healing

Every Week

Monday	2-4 pm
Tuesday	4-6 pm
Thursday	2-4 pm

Everyone is welcome to come along and receive Spiritual healing at the Church. Many people find it hugely beneficial and come on a regular basis.

Our healers are dedicated in providing this service, giving their time freely and selflessly to help others.

Spiritual healing involves the channeling of healing energies from the Spirit world through a Spiritual healer to the patient. Healing can bring about harmony to the mind, body, Spirit and emotions of the recipient.

Healing Circle
Fridays fortnightly
7.30pm.
See dates on notices in church.

MINISTER KIM MOORE-CULLEN Working with the Pyramid Energies

Kim is a very highly regarded International Medium, Tutor & Healer

10am to 4pm

£20 Members £25 Non-Members
(Payable in Advance on Booking)

GORDON SMITH One-Day Practice Course Improve your Mediumship

Gordon is a renowned International Medium from Scotland

10am to 4pm

Cost £55
(Payable on booking in advance)
This includes a copy of his new Book

**Reading taken from
THE FOUNTAIN OF LIFE**

**A collection of Inspirational Writings written by
Honorary Church Member
Cherry Whittaker**

THE PLAN

A plan to save the world has long been mapped out, but fate is still in the hands of mankind if they would open their hearts and learn to change their thought patterns.

Mankind must learn that through love alone will peace envelop the world and cease the senseless fighting that rages worldwide.

From the lowest to the highest, thoughts of love must reign and only then will some semblance of order be created, and through constructive thoughts and ceaseless striving, will the world become joyous and happy place in which to live.

Plants and animals accept life as it is, living each day at a time and acknowledging that the eternal cycle will continue whatever the daily hardships may be.

Mankind must understand that they are also part of this cycle and any problem during this process, is of their own making and must be solved, therefore, before the pathway is once more straightened and a smoother way forward found.

Thoughts alone create the forwards or backwards steps and by striving to have good thoughts only, progress will be made in spreading the peace and love to all parts of the world.

God's peace and his love is available to all for the asking, if a true desire for help with the problems of the world comes from the hearts and minds of men striving for a better world for themselves and future generations.

Love conquers all.

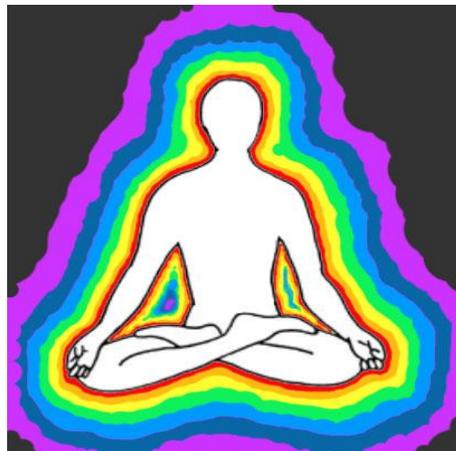


Self - Healing Exercise

Filling the Aura with Colour Relaxation and re-energising the body

- Sit down in a place that is quiet and warm where you will not be disturbed. Close your eyes and starting from your feet and working towards the top of your head, release any tension that you feel present in your physical body. Check to make sure that your spine is straight.
- Relax your mind by looking at the thoughts that are passing through, visualising these as beautiful bubbles that gently float into the atmosphere and disperse.
- Bring your concentration to the crown of your head where you will see a ray of white light from the cosmos entering. This ray of light is always present. It is our connection to the spiritual realm.
- Visualise this ray of light travelling from your head, down through your body to your feet. Upon reaching your feet it enters into the sacred darkness of earth, where it becomes refracted into the seven colours of the spectrum. Imagine these colours streaming back through your feet and into your body. As this rainbow of light flows through the major energy centres (chakras), see each one becoming vivified with its own vibrational colour. When the light spectrum reaches your head it becomes transformed back as white light.
- Continue to practise this exercise for approximately 10 mins. Allow your body to become re-energised with the wonderful colours that form part of our being.

Sent in by Anne Jenkins





Recommended Book

Philosophy of SNU Spiritualism

By Minister Barry Oates, Minister David Hopkins and Officiate Carole Austin

This book is dedicated to Emma Hardinge Britten without whose inspiration this book would not have been possible.

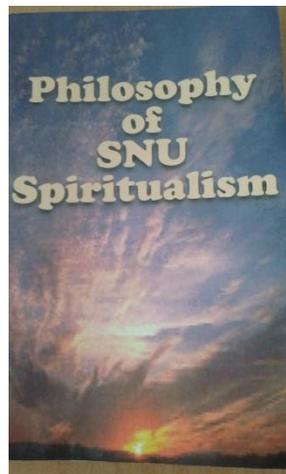
Introduction

The SNU Seven Principles are the foundation of the religious philosophy of SNU Spiritualism. Spiritualists do not claim to have complete knowledge of spiritual matters. Spiritualists philosophy draws on the wisdom of mankind that has accumulated over time and also seeks to incorporate current understanding. For that reason, the interpretation of the SNU Seven Principles set down in this book is not to be seen as absolute or definitive. As more is learned, we will understand more and be better equipped to pass on the wisdom of Spirit

Extract from The Fatherhood of God

God is Love and Light. God's love is the sustaining force of the universe and is the manifesting source of all creation, Man is part of God but not the whole of God. God exists in all the myriad forms of life throughout the universe at one and the same time. We are all one with our Creator and with each other. Although on a material level we experience ourselves as being separate from God, each having our own unique individuality, we are in reality linked to God and each other and can never be separated. We stand in relationship to God as a drop of water in the ocean.

The Intention of this book is to provide clarity and guidance on the philosophy of SNU Spiritualism it can be purchased from the SNU website.



COMMUNICATION

You may be thinking why “CLOWNS” and “RUSSIAN DOLLS” are in a Spiritualist Newsletter? Well it is all to do with communication.

Clowns, Russian Dolls and Spiritualist have all evolved around the late 1800’s and have all spread around the world through different languages and all have a mystique and fascination about them.

The Clowns are all about communication through MIME wearing colourful outsized clothes, big floppy shoes and painted faces. This painted face hides the real person behind this colourful mask. But as we watch them when they are performing we understand their jokes and elaborate gestures as they make us laugh; on TV, in theatres, films and in the circus.

The Mediums are also about communication and have interested and fascinated people of all ages. The audiences do not always understand how they are able to communicate from the spirit world. They differ from clowns in that the Mediums have no script or face painting or elaborate costumes to hide behind, but that’s not to say they don’t make us laugh. They communicate what they receive from the spirit world through their mind and convey this to a recipient in the audience and this message is special to that one person. The Medium has no props or masks to help with this communication. Yet they have their own style of presenting these messages with a strong belief of the continuation of the human soul thereby helping to prove life after death. They trust the communicator’s information with evidence of survival.

The Russian Dolls originally were created by a craft/artist worker in Russia winning a bronze award in Paris for his created toy. In the beginning they depicted the peasant costumes of the day but have been changed over the years to thousands of different designs thereby putting Russian Dolls in all countries and cultures. These are designs from any theme, such as fairy tales to politicians and characters of many descriptions to tempt the purchaser and collectors. From adults to children they are loved all over the world and known as Russian Dolls. Found in markets, shops and craft stalls; even material designs are created. A way of communicating art from Russia that is recognized all over the world.



The doll set was painted by Malyutin. Malyutin's doll set consisted of eight dolls—the outermost was a girl in a traditional dress holding a rooster. The inner dolls were girls and a boy, and the innermost a baby.